

! Important Updates



Urological & Kidney Institute Menu

/ Institutes & Departments / Glickman Urological & Kidney Institute / Departments & Centers / **Minority Men's Health**

Minority Men's Health

The Minority Men's Health Center allows physicians to more effectively address health disparities in minority populations and to continue to find answers to some of the nation's greatest health questions. Learn more from our experts.

Urology [216.444.5600](tel:216.444.5600)

APPOINTMENTS &
LOCATIONS

START A VIRTUAL VISIT

Overview

What We Treat

Community Health Fair

Programs

Appointments & Locations

Overview

Cleveland Clinic's Minority Men's Health Center was founded in 2003. It is one of the first programs in the country to broadly address the health issues that particularly impact African American and Hispanic men. The center provides disease screenings and health and wellness information, offers primary medical care and referrals to specialists, conducts research, and educates the public and healthcare providers about minority health concerns.

What We Treat

The Minority Men's Health Center provides health screenings for the early detection, prevention and/or treatment for a number of medical conditions which disproportionately affect minority male populations such as:

- [Benign Prostatic Hyperplasia](#)
- [Diabetes](#)
- [Erectile Dysfunction](#)
- [Hypertension \(high blood pressure\)](#)
- [Kidney Disease](#)
- [Kidney Transplantation](#)
- [Low Testosterone](#)

GLICKMAN UROLOGICAL & KIDNEY
INSTITUTE

Departments & Centers

- ▶ [Blood Pressure Disorders](#)
- ▶ [Chronic Kidney Disease](#)
- ▶ [Dialysis](#)
- ▶ [Female Urology](#)
- ▶ [Genitourinary Reconstruction](#)
- ▶ [Kidney Stones](#)
- ▶ [Male Fertility](#)
- ▶ [Men's Health](#)
- ▶ [Minority Men's Health](#)
- ▶ [Center for Onco-Nephrology](#)
- ▶ [Renal Diseases](#)
- ▶ [Robotic & Image Guided Surgery](#)

- [Peyronie's Disease](#)
- [Prostate Cancer](#)
- [Heart Disease](#) and Blood Circulation Problems
- [High Cholesterol](#) and [Triglycerides \(hyperlipidemia\)](#)
- [Hepatitis C](#)
- [Stress, Depression](#) and [Mental Health Concerns](#)
- [Stroke](#)

The Minority Men's Health Center also provides services such as:

- Men's urological health examinations and screenings
- Men's primary healthcare services
- Referrals for specialized care including kidney transplants, weight loss surgery, colorectal cancer and digestive diseases
- Shared medical appointments
- Prescription assistance
- Spiritual care

Community Health Fair

Please check back for information on upcoming Cleveland Clinic Community Health events.

Programs

[Multicultural Hair & Skin Center](#)

Established in 1923, Cleveland Clinic's Department of Dermatology has been treating skin and hair disorders in patients of all skin types for decades. In 2011, the Multicultural Skin Center was founded, recognizing and appreciating the specific medical and cosmetic needs of skin with more color, which includes patients with Asian, African American, Arab and Hispanic backgrounds. In light of this, MSC will uniquely focus on improving treatment outcomes of skin conditions which disproportionately affect this population.

[Center for Multicultural Cardiovascular Care](#)

As a leader in heart and vascular care, Cleveland Clinic's Sydell and Arnold Miller Family Heart, Vascular & Thoracic Institute recognizes that rates of disorders such as [peripheral arterial disease \(PAD\)](#), [cerebrovascular disease \(Stroke\)](#), [cardiovascular disease \(CVD\)](#), and premature renal failure are high among certain groups of patients due to cultural backgrounds.

[Minority Stroke Program](#)

Cleveland Clinic's Minority Stroke Program is focused on preventing and treating stroke in racial and ethnic minorities. The Minority Stroke Program's goal is to increase stroke awareness among minority groups in order to lower stroke rates and improve stroke outcomes.

Appointments & Locations

To make an appointment, please call 216.444.5600.

Why should I make an appointment with the center?

Because you may be at increased risk for medical problems that can be prevented or successfully treated if caught early enough. For various reasons—genetics, living and working conditions, barriers to getting medical care—African American and Hispanic men are more likely than Caucasian men to develop some life-threatening diseases and medical problems, and are at greater risk of dying from them. The Minority Men's Health Center can help you stay well and improve your health, monitor potential health risks and take preventive steps, and detect and treat existing medical conditions.

The Minority Men's Health Center sees patients at [Cleveland Clinic Main Campus - Q Building \(Glickman Tower\), 8th floor](#)

9500 Euclid Ave.

Cleveland, OH 44195

Hours: Wednesdays: 8:30 a.m. – 5 p.m.

Shared Medical Appointments

The Minority Men's Health Center has partnered with the [Center for Functional Medicine](#) to offer a series of six shared medical appointments that introduce minority men to the Functional Medicine approach and provides the necessary health information, dietary guidance and wellness coaching to promote self management of chronic disease.

This program will:

- Explain the benefits of healthy eating
- Distinguish what foods should be eaten and what foods to avoid
- Discuss the importance of monitoring lab results
- Explore the power of music to improve health

This program is for those experiencing:

- Fatigue
- Pre-diabetes
- High blood pressure
- High cholesterol
- Heart disease
- Stress
- Depression
- Mental health concerns
- Weight-related issues

[Register now online](#) or by phone at 216.444.8716.

Nutrition appointments are covered by many insurance companies, please verify coverage with your health insurance provider. Anyone, regardless of race, ethnicity, gender or any other status is welcome to register for the program.

Actions

- [Appointments & Access](#)
- [Accepted Insurance](#)
- [Events Calendar](#)
- [Financial Assistance](#)
- [Give to Cleveland Clinic](#)
- [Pay Your Bill Online](#)
- [Price Transparency](#)
- [Refer a Patient](#)
- [Phone Directory](#)
- [Virtual Second Opinions](#)
- [Virtual Visits](#)

Blog, News & Apps

- [Consult QD](#)
- [Health Essentials](#)
- [Newsroom](#)
- [MyClevelandClinic](#)
- [MyChart](#)

About Cleveland Clinic

- [100 Years of Cleveland Clinic](#)
- [About Us](#)
- [Locations](#)
- [Quality & Patient Safety](#)
- [Office of Diversity & Inclusion](#)
- [Patient Experience](#)
- [Research & Innovations](#)
- [Community Commitment](#)
- [Careers](#)
- [For Employees](#)
- [Resources for Medical Professionals](#)

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